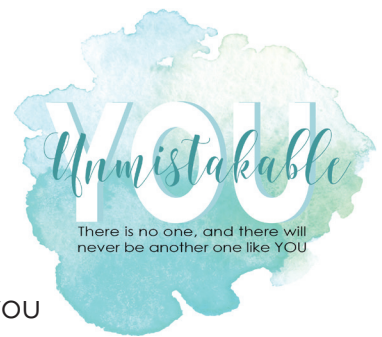


11. Take Me Back

The **TOWN** Where I was Born.



Nostalgia is a wonderful thing. It's often a place where comfort is. It's a place where your mind goes back to when times get tough and you feel your life is in total chaos. Just remembering "the good ol' days"

Nostalgic days for me were those slow and easy days growing up - my childhood. The fun we had as children growing up in my hometown, close to the beaches and all the things I love about Geelong. Your hometown is your living history.

With this page prompt you will be returning to your roots. Like roots of a tree, our roots are our foundations. We have all (hopefully) grown up a lot since our childhood, OK some maybe more than others. Some of us may not have had all happy memories, and looking back isn't easy. For those of you that that did it tough, maybe look at all the things you have overcome and where you are now. Over the years we have all tried and learnt many new things, good bad and ugly - and as it goes - we have grown up. We have survived.

For myself personally I have lived in the same town that I was born in, just a few changes in suburbs over the year. And believe it or not, my parents still live in the same house I was brought up in. So when I drive down over to visit them, there are so many memories that pop up along the way. Then there are many landmarks that are now no longer there and I begin reminiscing of how it used to look. Rolling hills that are now covered in houses - its amazing how things have changed over time.

We have all explored many different places over our lives so far, whether close or far, and for some may be more to come. Lived in different houses, different cities, maybe eve different countries for some of you (see your previous page prompt) but every once in a while it's nice to take a trip back down memory lane (even if only in our minds), and back to the beginning and visit the place where you were born and remember where we came from. This place is historic - its the place where your story began and made you who you are today.

If you get the opportunity take it. Go back, go and visit all your favourite haunts - it can remind and reassure you of who you are and no matter what you may have gone through from then to now - show you how far you have come. Like it or not - its a part of your history.

At the end of all our exploring sometimes it's nice to go back to where it all began.

