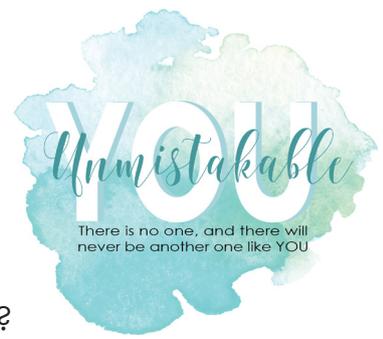


# 8. 100 Things.

## Things I LOVE.



This page is really a snapshot in time.

Take a moment to stop and think - RIGHT NOW what makes you happy? What are some of the things in your life that you love.

This layout will freeze a small part of you on this page - a glimpse of what you love right now. If we are really honest, this list could change in a week - and most likely will be different in a year as we all change over time. Your preferences change, circumstances change (this year certainly one of those years where nothing is normal) - so don't sweat it or get stressed about it. It's not meant to be hard but fun - and it doesn't have to be perfect. Only you know what you like - so there is nothing wrong with what you include.

As we know this list will change over time, therefore it is extra important to make sure you DATE this layout. I recently found a similar page I did around 15 years ago and it made me smile to read some of the things I loved back then but they wouldn't be on my list now. One of these "things I loved" was "holding my girls in my arms" - well that certainly isn't possible due to their size, however a cuddle from them now is extra special.

This will be one fun and meaningful layout that will speak volumes about where you are at right now and like myself something you will look back on and smile at those things.

### Create Your Page

- Write your list. Grab a notepad or download the list on the right.
- Start writing anything that pops into your mind in no particular order. You will be surprised how fast you fill it once you get started.
- Then it's as easy as typing up your list of things on your computer.
- Print them out onto white and/or cardstock in a colour that you love.
- Cut these into strips and adhere to your page in any order. The more random the better.

Decorate page further as you desire but I think this is one awesome page that doesn't need photos - and in years you too will look back on it and smile. You will be glad you did it.



Download a blank list [HERE](#)



There will NEVER be another one like YOU.